

## Recommended recordings for Ari's Dec 2006 program

It is recommended that new students read the Progressive Stages of Meditation on Emptiness, The Sun of Wisdom, and should listen to at least the recordings (MP3's) of the 2005 Mahamudra teachings before the Mahamudra course. The recordings are available as below.

### **KTGR Seattle 2004 & 2005 Mahamudra MP3 and DVD options.**

Robert Fors for Nalandabodhi

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2004 MP3's of 5 talks by Jim Scott on the Progressive Stages of Meditation on Emptiness.  
1 CD for \$25

KTGR 2004: MP3's of the 14 Mahamudra talks and 7 discussion groups with Ari on 1 DVD Disc \$60 (audio MP3's only)

KTGR 2005: MP3's of the public program (4 talks by KTGR and 1 discussion group with Ari) on one CD for \$25

KTGR 2005: MP3's of the full program (5 public talks plus 14 Mahamudra talks by KTGR, 7 discussion groups led by Ari and/or Karl Brunnhoelzl, several new songs related to the teachings, and pdf's of the liturgies used) on one DVD disc (audio only - not video) \$75

Add shipping as noted below.

### **TO ORDER (in USD):**

#### **2004 MP3's**

I want to order one set of **Jim Scott's 5 talks on the Progressive Stages of Meditation on Emptiness.**  
MP3's on one CD for \$25. Plus shipping domestic \_\_\_\_\_ \$3 shipping international \_\_\_\_\_ \$5

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I want to order one set of **KTGR 2004 Mahamudra** MP3's (Audio MP3's on 1 DVD disk) \_\_\_\_\_ \$60  
Plus shipping domestic \_\_\_\_\_ \$3 shipping international \_\_\_\_\_ \$5

#### **2005 MP3's**

I want to order one set of **2005 public program** MP3's (5 talks on one CD) \_\_\_\_\_ \$25  
Plus shipping domestic \_\_\_\_\_ \$3 shipping international \_\_\_\_\_ \$5

I want to order one Full set of **2005 - all Public and Mahamudra MP3's**  
(27 talks + liturgies on one DVD disk - MP3 audio only) \_\_\_\_\_ \$75  
Plus shipping domestic \_\_\_\_\_ \$3 shipping international \_\_\_\_\_ \$5

For combined orders, include shipping for only one disk.

## ORDER FORM

Credit card payment can be made via email to robertfors@aol.com, faxed to 206-529-0558, or mailed as below. Credit card payment requires amount to charge, card number and expiration date (Visa and Mastercard only). Checks (made out to Nalandabodhi) or credit card information can be mailed to

Attn: Robert  
Nalandabodhi - KTGR 06  
3902 Woodland Park Ave North  
Seattle, WA 98103

Credit card information:

Name \_\_\_\_\_ email address: \_\_\_\_\_

Phone: \_\_\_\_\_

Shipping address \_\_\_\_\_

Amount \_\_\_\_\_ Card Number \_\_\_\_\_ Exp Date \_\_\_\_\_